



# Summer Meals Program Toolkit

## Template FAQs about Summer Meals

**What are summer meals programs?** Summer meals programs are funded by the USDA and designed to provide kids and teens ages 18 and under with healthy meals during the summer months when school is out of session.

**What are the requirements for my child or teen to receive a meal? Do I have to fill out an application form?** There is no application or registration required to receive a meal. You do not have to show proof of income. Just show up!

**Can parents or guardians pick up meals on behalf of their kids?** No, the program requires children to eat meals on site.

**Is there a cost?** No. All summer meals offered through the USDA's programs are free to all kids and teens ages 18 and under.

**How do I find a summer meals site in my community?** Visit [www.feedingalabama.org](http://www.feedingalabama.org) or text FOOD or COMIDA to 304-304 to find free meals near you. \_\_\_\_\_

**What kind of food is served at these sites?** The meals served are healthy and meet USDA guidelines. A typical lunch, for example, will include a turkey and cheese sandwich, milk, an apple and a juice box. Check our menu at [www.feedingalabama.org](http://www.feedingalabama.org).

**There is no site in my area. What can I do to be sure that one is available for the children in my area next summer?** If there are no summer meals sites in your community, we can help. Email Feeding Alabama at [help@feedingalabama.org](mailto:help@feedingalabama.org). \_\_\_\_\_

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